



# Team Challenge Toolkit

*A selection of mini challenges that explore the dynamics within a team.*



## Learning Outcomes

- Discovery
- Team Work
- Time Management
- Delegation
- Shared Experience
- Networking
- Integration into new team
- Skill Sharing
- Overcoming self-limiting belief
- Interdependence
- Creative Thinking

## Client Feedback

*"We really enjoyed ourselves and actually learned something about the way we work!"*

*"The format of having several small tasks worked well. It tested how we interact with one another, made us think about how the blame culture works in a team environment and reiterated the importance of trust."*

## Challenge Overview

Team Challenge Toolkit is a series of short, sharp, interactive exercises designed to explore various aspects of effective team behaviour.

It is superb for energising groups of delegates and getting them working together.

No two Team Challenges are the same - they all have different learning outcomes and we will select & tailor the exercises we use to meet specific client objectives for the session.

Tasks include:

### Gravity Pole

A very powerful exercise in team co-ordination, identification of best practice and leadership – simple, frustrating & very entertaining!

### Card Sharp

This exercise encourages teams to question all aspects of their performance. It promotes lateral thinking to find solutions, and champions the concept of listening to all ideas, no matter how off the wall they may appear at the time.

### Numbers

A challenge requiring clear role identification and shared responsibility of the entire team which must remain intact as the pressure builds!